

Bagel With

| | |
|---|-------|
| Butter..... | 3.99 |
| Plain Cream Cheese..... | 4.75 |
| Flavored Cream Cheese..... | 5.75 |
| *Nova Spread..... | 6.75 |
| *Hand Sliced Nova or Belly Lox on a Bagel..... | 19.00 |
| *Smoked Fish Platter | 22.00 |
| Choice of Nova or Belly Lox or Chunk Whitefish or Kippered Salmon, Served with Lettuce, Tomatoes, Onions, Cucumbers, & Capers Served with a choice of Coleslaw, Potato Salad, Macaroni Salad or Cucumber Salad & Pickle | |

Flavored Cream Cheeses Include: Scallion, Vegetable, Cinnamon Raisin

Hot From The Griddle

| | |
|--|-------|
| Breakfast Box | 13.99 |
| Two Large *Eggs, Served with either Bacon, Ham, or Sausage, Home Fries or Hash Brown Patties, a Bagel with Butter or Cream Cheese (Flavored Cream Cheese add \$1.25, *Egg White add 1.75) | |

| | |
|---|-------|
| Egg Platters Served with either Home Fries or Hash Browns, Bagel with Butter or Cream Cheese | |
| Two *Eggs any Style | 9.75 |
| Two *Eggs any Style w/Corned Beef Hash..... | 14.99 |
| *Nova, Eggs and Onions..... | 17.99 |
| (Flavored Cream Cheese add \$1.25, Egg White add 1.75) | |

| | |
|---|-------|
| Egg Sandwiches (2) *Eggs any Style Served on Choice of Bagel or Asstd Breads | |
| Two *Eggs..... | 7.50 |
| Two *Eggs w/Bacon, Ham or Sausage | 8.99 |
| Two *Eggs w/Roast Beef, Corned Beef, Pastrami, or Pork Roll..... | 11.99 |
| (3) *Egg Whites with Grilled Turkey | 13.99 |
| *Western Omelette Sandwich (Ham, Peppers, & Onions) | 9.50 |
| Hungry Man Hero (3) *Eggs, Ham, Bacon and Cheese, on a Hero | 11.50 |
| (*Egg Whites add 1.75, Turkey Bacon add \$1.75, Cheese add \$1.25) | |

Omelette's

| | |
|---|------------------------------------|
| *Create Your Own Omelette | 14.75 |
| Includes (3) *Eggs, (3) Items of any - Cheese Meat, or Veggies; served with Home Fries or Hash Brown Patties, and Bagel with Butter or Cream Cheese | |
| *Egg Whites Additional..... | 1.75 Each additional Item..... .50 |

Griddle

| | | | |
|------------------------------|-------|-----------------------------------|------|
| Buttermilk Pancakes (3)..... | 11.25 | Short Stack Pancakes (2)..... | 8.75 |
| French Toast (3)..... | 12.25 | Short Stack French Toast (2)..... | 9.75 |
| Belgian Waffle | 12.25 | | |

2-2-2

| | |
|---|-------|
| *Eggs any Style - Choice of Ham, Bacon or Sausage, Choice of Pancakes (2) | 14.99 |
| French Toast (2)..... | 15.99 |
| Belgian Waffle (1)..... | 15.99 |

Griddle Toppings

Fresh Blueberries, Fresh Strawberries, Chocolate Chips, M & M's, Fruity Pebbles, or Oreo Brownie..... 1.50

Side Orders

| | | | |
|--------------------------|------|------------------------------|------|
| Bacon..... | 6.50 | French Fries..... | 6.25 |
| Ham or Sausage | 6.50 | Sweet Potato Fries | 6.25 |
| Turkey Bacon | 7.75 | Onion Rings..... | 6.25 |
| Turkey Sausage..... | 7.75 | Tater Tots | 6.25 |
| Knish..... | 6.75 | Potato Latkes..... | 7.99 |
| Home Fries | 6.25 | Chicken Soup | 8.00 |
| Hash Brown Patties | 6.25 | Chicken Matzo Ball Soup..... | 9.00 |

Gourmet Wraps

(Choice of Plain, Wholewheat, or Spinach Wraps)

| | |
|---|-------|
| #1 Grilled Chicken Caesar Salad | 15.50 |
| with Freshly Grated Parmesan Reggiano Crumbled Croutons & Caesar Dressing | |
| #2 Southwestern Turkey | 17.50 |
| Dried Cranberries, Mixed Greens and Brie with Chipotle Mayo | |
| #3 Off The Frame Turkey | 17.50 |
| Swiss Cheese, Leaf Lettuce and Tomato with Dijon Mustard | |
| #4 Grilled Chicken | 15.99 |
| Crisp Bacon, Pepper Jack Cheese, Leaf Lettuce, Tomatoes and Onions | |
| #5 Grilled Buffalo Chicken | 15.99 |
| Crumbled Bleu Cheese, Sautéed Peppers and Onions with Spicy Mayo | |
| #6 Falafel Wrap | 15.50 |
| With Lettuce, Tomato, Onions, Tzatziki or Hummus | |
| #7 Breaded Chicken Cutlet | 15.99 |
| with Grilled Onions, Mushrooms and Crumbled Blue Cheese | |

Served with a choice of Cole Slaw, Potato Salad, Macaroni Salad, or Cucumber Salad and a Pickle
Substitute French Fries \$2.75 additional

Hand Crafted Panini's

| | |
|---|-------|
| #1 Breaded Eggplant | 15.99 |
| Fresh Mozzarella, Roasted Peppers and Baby Spinach with Pesto Mayo on Ciabatta Roll | |
| #2 Grilled Chicken | 15.99 |
| Fresh Mozzarella, Mixed Greens and Roasted Peppers with Balsamic Glaze on Ciabatta Roll | |
| #3 Honey Dijon Turkey | 17.50 |
| Thinly sliced Granny Smith Apples, Brie Cheese and Honey Dijon on a Ciabatta Roll | |
| #4 BBQ Beef | 16.99 |
| with Fried Onions, Cheddar Cheese and BBQ Mayo on a Ciabatta Roll | |
| #5 Chipotle Turkey | 17.50 |
| Crisp Bacon, Swiss Cheese, Sliced Tomatoes with Chipotle Mayo on Flat Bread | |
| #6 Breaded Chicken Cutlet | 15.99 |
| with Crisp Bacon, Melted American Cheese and Ranch Dressing with Tomato on a Flat Bread | |

Served with a choice of Coleslaw, Potato Salad, Macaroni Salad or Cucumber Salad & Pickle
Substitute French Fries \$2.75 additional

Kids Menu

(12 years & under)

| | |
|---|------|
| Silver Dollar Pancakes | 8.99 |
| Chocolate Chips/Strawberries/Blueberry....Add 1.50 | |
| *Kids 1-1-1 | 9.99 |
| (1)*Egg, (1)Bacon or Ham or Sausage, (1)Kids Pancake | |
| *One Egg any style with Bagel and Butter | 7.25 |
| Chicken Fingers/French Fries | 8.99 |
| Grilled Cheese/French Fries | 9.50 |
| Macaroni & Cheese/Fruit | 7.75 |

Specialty Sandwiches

| | |
|---|-------|
| #1 The Springs Special | 16.75 |
| House Roast Beef, Melted Mozzarella Cheese on Garlic Hero | |
| #2 Godfather | 16.75 |
| Prosciutto, Genoa Salami, Pepperoni, Provolone, Lettuce, Tomatoes and Roasted Peppers with Oil & Vinegar on a Hero | |
| #3 Chicken Souvlaki | 16.75 |
| Served on a Pita with Tzatziki, Lettuce, Tomato, Onions and French Fries or Greek Salad | |
| #4 Turkey Club | 18.50 |
| Sliced Turkey Breast, Bacon, Lettuce and Tomato on choice of Bagel or Bread | |
| #5 Reuben | 18.99 |
| Hot Corned Beef with Sauerkraut and Melted Swiss on Grilled Rye with Russian Dressing | |
| #6 Rachel | 18.99 |
| Hot Pastrami with Melted Swiss, Cole Slaw and Russian Dressing on Grilled Rye | |
| #7 Tuna Melt | 16.75 |
| Homemade Tuna with Melted Cheddar and Sliced Tomatoes on choice of Bagel or Bread | |
| #8 Chicken Delight | 16.75 |
| Breaded Chicken Cutlet with Bacon, Melted Mozzarella, Lettuce, Tomato, Italian Dressing on a hero | |
| #9 The Italiano | 16.75 |
| Imported Prosciutto with Fresh Mozzarella and Roasted Peppers with Balsamic Glaze and Lettuce, Sliced Tomatoes and Sliced Red Onion | |
| #10 The Goopy Gourmet | 16.25 |
| Grilled Ham with Melted Brie & Honey Mustard on a Grilled Challah Bread | |
| #11 Brisket Dip | 18.50 |
| Homemade Brisket, Grilled Onions, Provolone Cheese on garlic toasted hero, with side of Aujus Gravy, and served with French Fries | |
| #12 Gyro | 16.75 |
| Served on a Pita with Tzatziki, Lettuce, Tomato, Onions and French Fries or Greek Salad | |
| #13 The New Yorker | 17.99 |
| Hot Corned Beef and Pastrami with Cole Slaw and Russian Dressing on Grilled Rye Bread | |
| #14 The Cubano | 16.75 |
| Thinly Sliced Baked Ham, Melted Swiss and Pickles on a Lightly Buttered Grilled Hero with Mustard | |

Served with a choice of Cole Slaw, Potato Salad, Macaroni Salad, or Cucumber Salad and a Pickle
Substitute French Fries \$2.75 additional

Hot From Our Grill

| | |
|---|-------|
| Philly Cheese (Chicken or Beef) | 16.99 |
| Grilled Roast Beef with Sautéed Red Peppers and Onions Topped W/Melted Provolone on a Hero Served with French Fries | |
| Jumbo *Beef Burger Deluxe | 13.99 |
| On A Bun with Lettuce, Tomato, Fries | |
| Add Cheese | 1.25 |
| Add Bacon | 2.75 |
| Turkey Burger Deluxe | 14.50 |
| On a Bun with Lettuce, Tomato, Fries, Pickles | |
| Add Cheese | 1.25 |
| Add Bacon..... | 2.75 |
| Add Turkey Bacon..... | 3.75 |
| Veggie Burger | 14.99 |
| On a Bun with Lettuce, Tomato, Onion, Served with fruit | |
| Grilled Cheese | 11.99 |
| Grilled American Cheese on Choice of Assorted Bread, Served with French Fries | |
| Add Ham or Bacon | 2.75 |
| Hot Dog | 9.75 |
| Served with French Fries or Knish | |
| Chicken Fingers | 14.99 |
| Served with French Fries or Knish | |

Homemade Salad Sandwiches

Prepared using only Hellman's Mayo

| | |
|----------------------------|-------|
| Egg Salad | 12.99 |
| Chicken Salad | 14.99 |
| Tuna Salad..... | 14.99 |
| Vegetable Tuna Salad..... | 15.25 |
| Cranberry Tuna Salad | 15.25 |
| Whitefish Salad..... | 16.50 |
| Baked Salmon Salad | 16.50 |

*Served with a choice of Cole Slaw, Potato Salad,
Macaroni Salad, or Cucumber Salad and a Pickle
Substitute French Fries \$2.75 additional*

Sandwich Suggestions

| | |
|---------------------------------|-------|
| BLT | 13.50 |
| Off The Frame Turkey..... | 16.25 |
| Deluxe Ham | 12.50 |
| Marinated Grilled Chicken | 14.25 |
| Breaded Chicken Cutlet..... | 14.25 |
| Pastrami | 16.50 |
| Corned Beef | 16.50 |
| Roast Beef..... | 16.50 |
| Brisket | 16.50 |
| Genoa Salami | 14.50 |
| Hebrew National Salami..... | 16.25 |

*Served with a choice of Cole Slaw, Potato Salad,
Macaroni Salad, or Cucumber Salad and a Pickle
Cheese \$1.25, Substitute French Fries \$2.75 additional*

On The Healthy Side

| | |
|---|-------|
| Garden Salad | 13.50 |
| Romaine Lettuce, Tomato, Peppers, Cucumber, Carrots and Sliced Egg (Tuna salad or Chicken salad add 5.75) | |
| Caesar Salad | 13.50 |
| Romaine Lettuce, Seasoned Croutons, and Freshly Grated Parmesan Reggiano (Grilled Chicken add 5.75) | |
| Greek Salad | 14.50 |
| Iceberg Lettuce, Tomato, Red Onions, Peppers, Cucumbers, Kalamata Olives & Feta w/Pita (Grilled Chicken add 5.75 Chicken Souvlaki/Gyro add 7.75) | |
| Chef Salad | 17.00 |
| Sliced Ham, Turkey, American and Swiss Cheese on a Bed of Romaine Lettuce with Tomato and Sliced Egg | |
| Cobb Salad | 17.00 |
| Mixed Greens, Tomato, Bacon, Avocado, and Chopped Egg Topped with Grilled Chicken and Crumbled Bleu Cheese | |

(All Salads come with Complimentary Bagel Chips & Choice of Dressing)

Chopped Salad Bar \$13.50

Bagel Chips

(1) Lettuce Choice - Additional Lettuce add 50¢

Baby Spinach Mixed Green Romaine Iceberg

(6) Ingredient Choice - Additional Ingredient Choice add 50¢

| | | |
|--|--|---|
| <input type="checkbox"/> American Cheese | <input type="checkbox"/> Cucumbers | <input type="checkbox"/> Peppers |
| <input type="checkbox"/> Bacon | <input type="checkbox"/> Dried Cranberries | <input type="checkbox"/> Provolone Cheese |
| <input type="checkbox"/> Black Olives | <input type="checkbox"/> Feta Cheese | <input type="checkbox"/> Raisins |
| <input type="checkbox"/> Bleu Cheese | <input type="checkbox"/> Greek Olive | <input type="checkbox"/> Roasted Peppers |
| <input type="checkbox"/> Carrots | <input type="checkbox"/> Green Apple | <input type="checkbox"/> Sesame Seeds |
| <input type="checkbox"/> Celery | <input type="checkbox"/> Hot Peppers | <input type="checkbox"/> Sunflower Seeds |
| <input type="checkbox"/> Cheddar Cheese | <input type="checkbox"/> Mozzarella Cheese | <input type="checkbox"/> Swiss Cheese |
| <input type="checkbox"/> Chick Peas | <input type="checkbox"/> Mushrooms | <input type="checkbox"/> Tomatoes |
| <input type="checkbox"/> Chopped Egg | <input type="checkbox"/> Onions | <input type="checkbox"/> Walnuts |
| <input type="checkbox"/> Croutons | <input type="checkbox"/> Pepperoncini | |

Premium Items - Additional \$2.50 each

Avocado Strawberries Blueberries

Choose Protein - Additional \$5.75

| | | |
|--|---|--|
| <input type="checkbox"/> Breaded Chicken Cutlet | <input type="checkbox"/> Solid White Tuna | <input type="checkbox"/> Chicken Salad |
| <input type="checkbox"/> House Roast Beef | <input type="checkbox"/> Vegetable Tuna | <input type="checkbox"/> Falafel |
| <input type="checkbox"/> Marinated Grilled Chicken | <input type="checkbox"/> Cranberry Tuna | <input type="checkbox"/> Turkey Breast |

(1) Salad Dressing Choice - Additional Dressing add 50¢

| | | |
|---|--|--------------------------------------|
| <input type="checkbox"/> Balsamic Vinaigrette | <input type="checkbox"/> Oil & Vinegar | <input type="checkbox"/> Greek |
| <input type="checkbox"/> Ranch | <input type="checkbox"/> Caesar | <input type="checkbox"/> Italian |
| <input type="checkbox"/> Honey Mustard | <input type="checkbox"/> Thousand Island | <input type="checkbox"/> Bleu Cheese |
| <input type="checkbox"/> Red Wine Vinagar | <input type="checkbox"/> Raspberry Vinaigrette | |



Bagels

& A WHOLE LOT MORE

BAGELS & DELI MENU

10281 West Sample Road
Coral Springs, Florida 33065
Phone: (954) 575-8130

www.bagelsandawholelotmore.com

Traditional Kettle Boiled Bagels

Plain • Sesame • Poppy • Everything • Salt • Onion • Garlic
Cinnamon Raisin • Egg • Egg Onion • Egg Everything
Pumpnickel • Whole Wheat • Bialys
Whole Wheat Everything • Flagels • Asiago
Multi Grain Cranberry Walnut • Rainbow • Poppy Sticks

**OUR BAGELS ARE
100% FAT FREE,
HAVE NO ADDITIVES OR
PRESERVATIVES AND
MADE WITH THE FINEST
INGREDIENTS AVAILABLE**

Baked Fresh On The Premises Throughout The Day

Catering Services

- Customized Service
- Professional Presentation
- Quality Ingredients
- Knowledgeable Staff

**We Welcome All Orders For Home, Office, Business Meetings,
School Functions, Pharmaceutical Reps, Sympathy Or Just Because
ALL CATERING ORDERS REQUIRE A MINIMUM OF 24 HOURS NOTICE**

* Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs increases your risk of contracting foodborne illness.
Especially if you have certain medical conditions* - Section 3-603.11, 2001 FDA Food Code

