

## Bagel With

Butter.....	3.55
Plain Cream Cheese.....	4.20
Flavored Cream Cheese.....	5.00
Nova Spread.....	6.00
Hand Sliced Nova or Belly Lox Sandwich or Platter.....	16.50
Smoked Fish Platter.....	18.50
Choice of Whitefish or Kippered Salmon, Served with Lettuce, Tomatoes, Onions, Cucumbers, & Capers	

**Flavored Cream Cheeses Include:**  
Scallion, Vegetable, Cinnamon Raisin

## Hot From The Griddle

<b>Breakfast Box</b> .....	10.50
Two Large Eggs, Served with either Bacon, Ham, or Sausage, Home Fries or Hash Brown Patties, a Bagel with Butter or Cream Cheese (Flavored Cream Cheese add \$1.25, Egg White add 1.75)	

<b>Egg Platters</b> Served with either Home Fries or Hash Browns, Bagel with Butter or Cream Cheese	
Two Eggs any Style.....	8.25
Two Eggs any Style w/Corned Beef Hash.....	10.50
Nova, Eggs and Onions.....	15.25
(Flavored Cream Cheese add \$1.25, Egg White add 1.75)	

<b>Egg Sandwiches</b> (2) Eggs any Style Served on Choice of Bagel or Asstd Breads	
Two Eggs.....	5.75
w/Bacon, Ham or Sausage.....	7.25
w/Roast Beef, Corned Beef, Pastrami, or Pork Roll.....	9.25
(3) Egg Whites with Grilled Turkey.....	9.75
Western Omelette Sandwich (Ham, Peppers, & Onions).....	8.75
Hungry Man Hero (3) Eggs, Ham, Bacon and Cheese, on a Hero.....	9.50
(Egg Whites add 1.75, Turkey Bacon add \$1.75, Cheese add \$1.25)	

### Omelette's

Create Your Own Omelette.....	12.25
Includes (3) eggs, (3) Items of any - Cheese Meat, or Veggies; served with Home Fries or Hash Brown Patties, and Bagel with Butter or Cream Cheese	
Egg Whites Additional.....	1.75 Each additional Item..... .50

### Griddle

Buttermilk Pancakes (3).....	9.75	Short Stack Pancakes (2).....	7.50
French Toast (3).....	10.25	Short Stack French Toast (2).....	8.25
Belgian Waffle.....	9.50		

### 2-2-2

Eggs any Style - Choice of Ham, Bacon or Sausage, Choice of	
Pancakes (2).....	12.25
French Toast (2).....	12.75
Belgian Waffle (1).....	12.75

### Griddle Toppings

Fresh Blueberries, Fresh Strawberries, Chocolate Chips, M & M's, Fruity Pebbles, or Oreo Brownie.....	1.50
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### Side Orders

Bacon.....	5.25	French Fries.....	5.25
Ham or Sausage.....	5.25	Sweet Potato Fries.....	5.25
Turkey Bacon.....	6.75	Onion Rings.....	5.25
Turkey Sausage.....	6.75	Tater Tots.....	5.25
Knish.....	5.75	Potato Latkes.....	5.75
Home Fries.....	5.25	Chicken Soup.....	7.25
Hash Brown Patties.....	5.25	Chicken Matzo Ball Soup.....	8.25

## Gourmet Wraps

(Choice of Plain, Wholewheat, or Spinach Wraps)

<b>#1 Grilled Chicken Caesar Salad</b> .....	13.75
with Freshly Grated Parmesan Reggiano Crumbled Croutons & Caesar Dressing	
<b>#2 Southwestern Turkey</b> .....	15.75
Dried Cranberries, Mixed Greens and Brie with Chipotle Mayo	
<b>#3 Off The Frame Turkey</b> .....	15.75
Swiss Cheese, Leaf Lettuce and Tomato with Dijon Mustard	
<b>#4 Grilled Chicken</b> .....	13.75
Crisp Bacon, Pepper Jack Cheese, Leaf Lettuce, Tomatoes and Onions	
<b>#5 Grilled Buffalo Chicken</b> .....	13.75
Crumbled Bleu Cheese, Sautéed Peppers and Onions with Spicy Mayo	
<b>#6 Falafel Wrap</b> .....	13.75
With Lettuce, Tomato, Onions, Tzatziki or Hummus	
<b>#7 Breaded Chicken Cutlet</b> .....	13.75
with Grilled Onions, Mushrooms and Crumbled Blue Cheese	

Served with a choice of Cole Slaw, Potato Salad,  
Macaroni Salad, or Cucumber Salad and a Pickle  
Substitute French Fries \$2.75 additional

## Hand Crafted Panini's

<b>#1 Breaded Eggplant</b> .....	14.00
Fresh Mozzarella, Roasted Peppers and Baby Spinach with Pesto Mayo on Ciabatta Roll	
<b>#2 Grilled Chicken</b> .....	14.00
Fresh Mozzarella, Mixed Greens and Roasted Peppers with Balsamic Glaze on Ciabatta Roll	
<b>#3 Honey Dijon Turkey</b> .....	15.75
Thinly sliced Granny Smith Apples, Brie Cheese and Honey Dijon on a Ciabatta Roll	
<b>#4 BBQ Beef</b> .....	14.00
with Fried Onions, Cheddar Cheese and BBQ Mayo on a Ciabatta Roll	
<b>#5 Chipotle Turkey</b> .....	15.75
Crisp Bacon, Swiss Cheese, Sliced Tomatoes with Chipotle Mayo on Flat Bread	
<b>#6 Breaded Chicken Cutlet</b> .....	14.00
with Crisp Bacon, Melted American Cheese and Ranch Dressing with Tomato on a Flat Bread	

Served with a choice of Coleslaw, Potato Salad,  
Macaroni Salad or Cucumber Salad & Pickle  
Substitute French Fries \$2.75 additional

## Kids Menu

(12 years & under)

<b>Kids Pancakes</b> .....	5.75
Chocolate Chips/Strawberries/Blueberry.....Add 1.50	
<b>Kids 1-1-1</b> .....	7.25
(1)Egg, (1)Bacon or Ham or Sausage, (1)Kids Pancake	
<b>One Egg any style with Bagel and Butter</b> .....	5.25
<b>Chicken Fingers/French Fries</b> .....	7.75
<b>Grilled Cheese/French Fries</b> .....	8.75
<b>Macaroni &amp; Cheese/Fruit</b> .....	7.25

## Specialty Sandwiches

<b>#1 The Springs Special</b> .....	14.75
House Roast Beef, Melted Mozzarella Cheese on Garlic Hero	
<b>#2 Godfather</b> .....	14.75
Prosciutto, Genoa Salami, Pepperoni, Provolone, Lettuce, Tomatoes and Roasted Peppers with Oil & Vinegar on a Hero	
<b>#3 Chicken Souvlaki</b> .....	14.75
Served on a Pita with Tzatziki, Lettuce, Tomato, Onions and French Fries or Greek Salad	
<b>#4 Turkey Club</b> .....	14.75
Sliced Turkey Breast, Bacon, Lettuce and Tomato on choice of Bagel or Bread	
<b>#5 Reuben</b> .....	15.75
Hot Corned Beef with Sauerkraut and Melted Swiss on Grilled Rye with Russian Dressing	
<b>#6 Rachel</b> .....	15.75
Hot Pastrami with Melted Swiss, Cole Slaw and Russian Dressing on Grilled Rye	
<b>#7 Tuna Melt</b> .....	14.75
Homemade Tuna with Melted Cheddar and Sliced Tomatoes on choice of Bagel or Bread	
<b>#8 Chicken Delight</b> .....	14.75
Breaded Chicken Cutlet with Bacon, Melted Mozzarella, Lettuce, Tomato, Italian Dressing on a hero	
<b>#9 The Italiano</b> .....	14.75
Imported Prosciutto with Fresh Mozzarella and Roasted Peppers with Balsamic Glaze and Lettuce, Sliced Tomatoes and Sliced Red Onion	
<b>#10 The Goopy Gourmet</b> .....	14.75
Grilled Ham with Melted Brie & Honey Mustard on a Grilled Challah Bread	
<b>#11 Brisket Dip</b> .....	15.25
Homemade Brisket, Grilled Onions, Provolone Cheese on garlic toasted hero, with side of Aujus Gravy, and served with French Fries	
<b>#12 Gyro</b> .....	14.75
Served on a Pita with Tzatziki, Lettuce, Tomato, Onions and French Fries or Greek Salad	
<b>#13 The New Yorker</b> .....	14.75
Hot Corned Beef and Pastrami with Cole Slaw and Russian Dressing on Grilled Rye Bread	
<b>#14 The Cubano</b> .....	14.75
Thinly Sliced Baked Ham, Melted Swiss and Pickles on a Lightly Buttered Grilled Hero with Mustard	

Served with a choice of Cole Slaw, Potato Salad, Macaroni Salad,  
or Cucumber Salad and a Pickle  
Substitute French Fries \$2.75 additional

## Hot From Our Grill

<b>Philly Cheese (Chicken or Beef)</b> .....	13.50
Grilled Roast Beef with Sautéed Red Peppers and Onions Topped W/Melted Provolone on a Hero Served with French Fries	
<b>Jumbo Beef Burger Deluxe</b> .....	11.50
On A Bun with Lettuce, Tomato, Fries	
Add Cheese .....	1.25
Add Bacon .....	2.75
<b>Turkey Burger Deluxe</b> .....	12.50
On a Bun with Lettuce, Tomato, Fries, Pickles	
Add Cheese .....	1.25
Add Bacon.....	2.75
Add Turkey Bacon.....	3.75
<b>Veggie Burger</b> .....	12.25
On a Bun with Lettuce, Tomato, Onion, Served with fruit	
<b>Grilled Cheese</b> .....	10.25
Grilled American Cheese on Choice of Assorted Bread, Served with French Fries	
Add Ham or Bacon .....	2.75
<b>Hot Dog</b> .....	9.25
Served with French Fries or Knish	

## Homemade Salad Sandwiches

*Prepared using only Hellman's Mayo*

Egg Salad .....	10.75
Chicken Salad .....	11.50
Tuna Salad.....	11.50
Vegetable Tuna Salad.....	11.75
Cranberry Tuna Salad .....	11.75
Whitefish Salad.....	12.95
Baked Salmon Salad .....	12.95

*Served with a choice of Cole Slaw, Potato Salad,  
Macaroni Salad, or Cucumber Salad and a Pickle  
Substitute French Fries \$2.75 additional*

## Sandwich Suggestions

BLT .....	10.50
Off The Frame Turkey.....	13.25
Deluxe Ham .....	10.50
Genoa Salami/Hebrew National Salami.....	12.95
Marinated Grilled Chicken .....	12.95
Breaded Chicken Cutlet.....	12.95
Pastrami.....	13.95
Corned Beef .....	13.95
Roast Beef.....	12.95
Brisket .....	12.95

*Served with a choice of Cole Slaw, Potato Salad,  
Macaroni Salad, or Cucumber Salad and a Pickle  
Cheese \$1.25, Substitute French Fries \$2.75 additional*

## On The Healthy Side

<b>Garden Salad</b> .....	11.50
Romaine Lettuce, Tomato, Peppers, Cucumber, Carrots and Sliced Egg (Tuna salad or Chicken salad add 4.25)	
<b>Caesar Salad</b> .....	11.50
Romaine Lettuce, Seasoned Croutons, and Freshly Grated Parmesan Reggiano (Grilled Chicken add 4.25)	
<b>Greek Salad</b> .....	12.25
Iceberg Lettuce, Tomato, Red Onions, Peppers, Cucumbers, Kalamata Olives & Feta (Grilled Chicken add 4.25)	
<b>Chef Salad</b> .....	13.75
Sliced Ham, Turkey, American and Swiss Cheese on a Bed of Romaine Lettuce with Tomato and Sliced Egg	
<b>Cobb Salad</b> .....	14.00
Mixed Greens, Tomato, Bacon, Avocado, and Chopped Egg Topped with Grilled Chicken and Crumbled Bleu Cheese	

*(All Salads come with Complimentary Bagel Chips & Choice of Dressing)*

### Chopped Salad Bar \$11.75

Bagel Chips

#### (1) Lettuce Choice - Additional Lettuce add 50¢

Baby Spinach    Mixed Green    Romaine    Iceberg

#### (6) Ingredient Choice - Additional Ingredient Choice add 50¢

<input type="checkbox"/> American Cheese	<input type="checkbox"/> Cucumbers	<input type="checkbox"/> Peppers
<input type="checkbox"/> Bacon	<input type="checkbox"/> Dried Cranberries	<input type="checkbox"/> Provolone Cheese
<input type="checkbox"/> Black Olives	<input type="checkbox"/> Feta Cheese	<input type="checkbox"/> Raisins
<input type="checkbox"/> Bleu Cheese	<input type="checkbox"/> Greek Olive	<input type="checkbox"/> Roasted Peppers
<input type="checkbox"/> Carrots	<input type="checkbox"/> Green Apple	<input type="checkbox"/> Sesame Seeds
<input type="checkbox"/> Celery	<input type="checkbox"/> Hot Peppers	<input type="checkbox"/> Sunflower Seeds
<input type="checkbox"/> Cheddar Cheese	<input type="checkbox"/> Mozzarella Cheese	<input type="checkbox"/> Swiss Cheese
<input type="checkbox"/> Chick Peas	<input type="checkbox"/> Mushrooms	<input type="checkbox"/> Tomatoes
<input type="checkbox"/> Chopped Egg	<input type="checkbox"/> Onions	<input type="checkbox"/> Walnuts
<input type="checkbox"/> Croutons	<input type="checkbox"/> Pepperoncini	

#### Premium Items - Additional \$2.50 each

Avocado    Strawberries    Blueberries

#### Choose Protein - Additional \$4.25

<input type="checkbox"/> Breaded Chicken Cutlet	<input type="checkbox"/> Solid White Tuna	<input type="checkbox"/> Chicken Salad
<input type="checkbox"/> House Roast Beef	<input type="checkbox"/> Vegetable Tuna	<input type="checkbox"/> Falafel
<input type="checkbox"/> Marinated Grilled Chicken	<input type="checkbox"/> Cranberry Tuna	<input type="checkbox"/> Turkey Breast

#### (1) Salad Dressing Choice - Additional Dressing add 50¢

<input type="checkbox"/> Balsamic Vinaigrette	<input type="checkbox"/> Oil & Vinegar	<input type="checkbox"/> Greek
<input type="checkbox"/> Ranch	<input type="checkbox"/> Caesar	<input type="checkbox"/> Italian
<input type="checkbox"/> Honey Mustard	<input type="checkbox"/> Thousand Island	<input type="checkbox"/> Bleu Cheese
<input type="checkbox"/> Red Wine Vinagar	<input type="checkbox"/> Raspberry Vinaigrette	



# Bagels

## & A WHOLE LOT MORE

### BAGELS & DELI MENU

10281 West Sample Road  
Coral Springs, Florida 33065  
Phone: (954) 575-8130

[www.bagelsandawholelotmore.com](http://www.bagelsandawholelotmore.com)

### Traditional Kettle Boiled Bagels

Plain • Sesame • Poppy • Everything • Salt • Onion • Garlic  
Cinnamon Raisin • Egg • Egg Onion • Egg Everything  
Pumpnickel • Honey Whole Wheat • Bialys  
Honey Whole Wheat Everything • Flagels • Asiago  
Multi Grain Cranberry Walnut with Toasted Oats

**OUR BAGELS ARE  
100% FAT FREE,  
HAVE NO ADDITIVES OR  
PRESERVATIVES AND  
MADE WITH THE FINEST  
INGREDIENTS AVAILABLE**

Baked Fresh On The Premises Throughout The Day

## Catering Services

- Customized Service
- Professional Presentation
- Quality Ingredients
- Knowledgeable Staff

**We Welcome All Orders For Home, Office, Business Meetings,  
School Functions, Pharmaceutical Reps, Sympathy Or Just Because  
ALL CATERING ORDERS REQUIRE A MINIMUM OF 24 HOURS NOTICE**

\*Consuming raw or uncooked meats, poultry, seafood, shellfish or eggs increases your risk of contracting foodborne illness.  
Especially if you have certain medical conditions\* - Section 3-603.11, 2001 FDA Food Code

